

2022 SENW Summer Regional Championships

Consideration Times - Long Course Times

Swim England North West recognise that some of the times below are slower than times set by the Counties for their County Championships. Setting times at present is difficult. In all cases the fastest entry times in each age group in each event will take priority in ensuring effective management of each session of the competition, endeavoring to ensure competition for places in finals.

Entry times achieved in either 50m pool or converted 25m times are permitted.

Boys						Events	Girls					
11/12	13	14	15	16	17/Over		11/12	13	14	15	16	17/Over
34.40	31.90	29.49	28.40	27.50	25.10	50m Freestyle	33.70	31.60	30.70	29.90	29.80	28.40
1:16.90	1:11.00	1:04.50	1:02.10	1:00.20	54.70	100m Freestyle	1:14.50	1:09.30	1:06.80	1:05.60	1:04.70	1:01.30
2:55.00	2:35.30	2:21.40	2:15.90	2:13.80	1:59.30	200m Freestyle	2:43.40	2:29.20	2:23.60	2:22.40	2:19.00	2:14.30
6:53.50	5:44.30	5:11.00	4:52.60	4:45.10	4:16.60	400m Freestyle	6:14.20	5:22.10	5:11.90	5:05.50	4:53.80	4:43.20
12:19.70	11:15.80	10:26.30	10:05.20	9:40.70	9:09.10	800m Freestyle	12:23.20	11:39.70	11:18.00	10:40.00	10:08.10	9:51.90
22:06.80	21:48.50	19:51.20	19:33.00	18:45.90	17:35.10	1500m Freestyle	23:14.90	22:55.70	22:19.40	22:09.40	21:31.50	20:13.50
40.10	37.10	34.60	33.30	32.00	28.50	50m Backstroke	38.70	36.50	35.10	34.10	33.50	32.30
1:27.10	1:21.20	1:15.10	1:12.60	1:09.00	1:01.30	100m Backstroke	1:25.50	1:19.20	1:15.00	1:13.90	1:12.00	1:09.30
3:28.90	3:01.50	2:42.70	2:39.50	2:30.30	2:15.10	200m Backstroke	3:13.20	2:51.00	2:41.50	2:39.60	2:35.00	2:29.60
47.10	42.70	39.10	37.40	34.90	32.20	50m Breaststroke	44.90	41.90	39.50	38.90	38.50	36.00
1:44.00	1:35.80	1:25.70	1:22.30	1:17.80	1:09.90	100m Breaststroke	1:39.60	1:31.00	1:27.00	1:25.60	1:24.80	1:18.80
3:59.80	3:33.10	3:08.90	3:05.30	2:51.10	2:36.70	200m Breaststroke	3:35.80	3:13.50	3:09.80	3:07.20	3:02.60	2:49.10
39.70	36.10	32.30	31.10	30.20	27.10	50m Butterfly	38.00	35.10	33.40	32.80	31.90	30.70
1:42.50	1:28.20	1:13.80	1:10.90	1:08.40	59.60	100m Butterfly	1:33.00	1:21.90	1:15.70	1:14.90	1:11.70	1:08.10
3:38.00	3:14.60	2:48.00	2:33.00	2:28.80	2:16.40	200m Butterfly	4:00.40	3:47.30	3:29.30	3:05.50	2:47.40	2:36.60
3:19.00	2:58.10	2:40.20	2:36.70	2:29.60	2:15.90	200m Ind. Medley	3:05.10	2:49.50	2:42.80	2:42.80	2:36.80	2:29.70
7:43.00	6:13.40	5:43.40	5:25.20	5:11.40	4:51.00	400m Ind. Medley	6:51.20	6:33.50	6:03.00	5:49.40	5:36.70	5:21.90

